

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 2:38:42 PM by Kathleen McCullough

Menu Cycle: ELEMENTARY LUNCH WEEK 1 2018-2019

Week: 1

Result: Exceeded

Meal Pattern: [USDA]Meal Pattern SY 2014+

Meal Type: Lunch

Serving Group: K-5

Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	552.70	
Fat (g)		19.91	32.42
Sfat (g)(1)	< 10.00 % of Calories	4.04	6.58
TFat (g)(2)		0.00(M)	
Chol (mg)		22.14	
Sodium Target 1 (mg) (13)	< 1,230.00	767.55	
Sodium Target 2 (mg) (13)	< 935.00	767.55	
Carb (g)		76.41	55.30
TDF (g)		7.70	
Sugars (g)		20.45(M)	14.80
Pro (g)		24.16	17.48
Fe (mg)		4.21(M)	
Ca (mg)		454.55(M)	
A,IU		5,289.20(M)	
VitC (mg)		32.41(M)	
Mois (g)		55.42(M)	
Ash (g)		0.33(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	[5.000 - 6.000]	
Veg	>= 3.750	[6.250 - 12.375]	
Veg-DG	>= 0.500	6.000	
Veg-RO	>= 0.750	2.375	
Veg-BP	>= 0.500	1.000	
Veg-S	>= 0.500	2.000	
Veg-O	>= 0.500	3.000	
Grains	[8.000 - 9.000]	[10.000 - 16.750](a)	
Non-WGR		0.000	
WGR	>= 100.000 % of	40.750	100.00
Meat/MA	[8.000 - 10.000]	[10.000 - 12.000](a)	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	1.500	25.00
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- 1 Standard Value is the daily average requirement for a school week.
- 2 Trans Fat is provided for informational purposes, not for monitoring purposes.
- 3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.
- a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 3:00:21 PM by Kathleen McCullough

Menu Cycle: ELEMENTARY LUNCH WEEK 5 2018-2019
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	557.31	
Fat (g)		16.36	26.42
Sfat (g)(1)	< 10.00 % of Calories	6.14	9.92
TFat (g)(2)		0.10(M)	
Chol (mg)		42.21	
Sodium Target 1 (mg) (13)	< 1,230.00	920.46	
Sodium Target 2 (mg) (13)	< 935.00	920.46	
Carb (g)		80.94	58.09
TDF (g)		7.33	
Sugars (g)		23.97(M)	17.20
Pro (g)		26.76	19.20
Fe (mg)		3.72	
Ca (mg)		546.53	
A,IU		7,166.40(M)	
VitC (mg)		98.58(M)	
Mois (g)		91.51(M)	
Ash (g)		0.56(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	[5.500 - 6.000]	
Veg	>= 3.750	[5.750 - 14.875]	
Veg-DG	>= 0.500	3.500	
Veg-RO	>= 0.750	4.125	
Veg-BP	>= 0.500	4.000	
Veg-S	>= 0.500	1.500	
Veg-O	>= 0.500	4.625	
Grains	[8.000 - 9.000]	[9.000 - 11.000](a)	
Non-WGR		0.000	
WGR	>= 100.000 % of	39.000	100.00
Meat/MA	[8.000 - 10.000]	[8.000 - 10.000]	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	2.000	33.33
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- 1 Standard Value is the daily average requirement for a school week.
- 2 Trans Fat is provided for informational purposes, not for monitoring purposes.
- 3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.
- a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Elementary Lunch Week 5 Day 1 :63616 - Day: 1	3000																
Category: Entrees; Choose: 1																	
UD Beef Nacho Salad - LR100324 (1 ea.)	550	207.96	13.24	7.86	0.00	47.91	350.51	6.80	1.95	0.95(M)	14.77	2.00	240.73	6966.69 (M)	20.13 (M)	75.28 (M)	0.48(M)
UD CHICKEN PATTY SANDWICH - LR100126 (1 ea.)	1,550	374.45	11.91	2.31	0.01	50.00	623.86	40.01	3.60	4.32	28.13	2.85	51.45	5.00	0.00	(M)	(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	760	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	25	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Vegetables; Choose: 2																	
Green Beans - LR100036 (1/2 c.)	1,145	22.00	12.00	0.03	0.00	0.00	1.00	4.49	2.09	0.00	1.04	0.46	29.30	388.00	2.90	63.67	0.33
UD 825931 - Veg: Corn, Fz 1/2c - LR100191 (1/2 c.)	880	66.98	0.55	0.09	0.00	0.00	0.83	15.96	1.98	2.54	2.11	0.39	2.48	164.55	2.89	63.69	0.36
UD LETTUCE & TOMOATO - LR100154 (5 oz.)	1,100	24.55	0.00	0.00	0.00	0.00	18.82	5.03	1.41	1.81(M)	1.21	0.70	36.22	795.61	7.24	0.00	0.00
Category: Fruits; Choose: 2																	
Orange Juice - LR100014 (4 oz.)	2,290	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	980	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	2,000	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	15	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	15	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD SALSA - LR100158 (1/4 c.)	500	10.58	0.00	0.00	0.00	0.00	179.89	2.12	0.00	1.06	0.00	0.00	0.00	105.82	380.95	(M)	(M)
UD Elementary Lunch Week 5 Day 2 :63616 - Day: 2	3000																
Category: Entrees; Choose: 1																	
UD Beef Nacho Salad - LR100324 (1 ea.)	350	207.96	13.24	7.86	0.00	47.91	350.51	6.80	1.95	0.95(M)	14.77	2.00	240.73	6966.69 (M)	20.13 (M)	75.28 (M)	0.48(M)
UD Cheese Ques - LR100243 (1 ea.)	1,500	422.75	23.23	14.15	0.00	60.75	894.74	36.02	4.00	0.00	20.18	1.80	584.99	607.49	0.00	(M)	(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	700	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	25	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Vegetables; Choose: 2																	
Beans, Baked, Vegetarian, Bush's Best, 1637 - SR107881 (1/2 c.)	1,000	130.00	0.00	0.00	0.00	0.00	550.00	29.00	5.00	10.00	7.00	1.80	40.00	0.00	0.00	(M)	(M)
Green Beans - LR100036 (1/2 c.)	650	22.00	12.00	0.03	0.00	0.00	1.00	4.49	2.09	0.00	1.04	0.46	29.30	388.00	2.90	63.67	0.33
Green Peas - LR100021 (1/2 c.)	1,050	73.00	0.25	0.05	0.00	0.00	68.00	13.37	5.16	0.00	4.83	1.43	22.50	1969.00	9.30	74.56	0.75
Shredded Lettuce and Tomato, Veg-O - SR105405 (1/2 c.)	360	13.04	0.14	0.02	0.00	0.00	4.59	2.81	0.91	1.89	0.67	0.23	8.87	580.34	8.68	71.99	0.36
Category: Fruits; Choose: 2																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Sorbet, 100% Frozen Juice, Kiwi Strawberry Swirl, 4.4 fl. oz., Luigi's, 48445, F - SR108053 (1 serv.)	3,000	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	0.00	0.36	60.00	0.00	60.00	(M)	(M)
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	455	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,000	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,800	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD SALSA - LR100158 (1/4 c.)	500	10.58	0.00	0.00	0.00	0.00	179.89	2.12	0.00	1.06	0.00	0.00	0.00	105.82	380.95	(M)	(M)
UD Elementary Lunch Week 5 Day 3 :63616 - Day: 3	3000																
Category: Entrees; Choose: 1																	
Pasta, Macaroni and Cheese, Prepared, Land O' Lakes, 43292, MMA, WGR - SR108684 (6 ounces)	1,450	349.79	20.99	12.99	1.00	64.96	909.47	22.99	2.00	3.00	16.99	1.08	399.76	749.56	0.00	(M)	(M)
UD Beef Nacho Salad - LR100324 (1 ea.)	350	207.96	13.24	7.86	0.00	47.91	350.51	6.80	1.95	0.95(M)	14.77	2.00	240.73	6966.69 (M)	20.13 (M)	75.28 (M)	0.48(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	700	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	25	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Vegetables; Choose: 2																	
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	650	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	0.45	0.63	22.68	9773.49	1.84	64.03	0.45
Sauce, Marinara #10 Can, Angela Mia, ConAgra Foods, 2700039125, Veg-RO - SR103343 (1/2 c.)	2,000	70.00	0.50	0.00	0.00	0.00	480.00	14.00	3.00	9.00	2.00	0.72	40.00	(M)	(M)	(M)	(M)
UD Carrots, Frozen, Steamed, Veg-RO - LR100128 (1/2 cup servin)	1,000	52.45	0.96	0.17	0.00	0.00	83.63	10.96	4.68	5.78	0.82	0.75	49.61	23995.44	3.26	128.03	0.98
UD LETTUCE & TOMOATO - LR100154 (5 oz.)	1,000	24.55	0.00	0.00	0.00	0.00	18.82	5.03	1.41	1.81(M)	1.21	0.70	36.22	795.61	7.24	0.00	0.00
Category: Fruits; Choose: 2																	
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	690	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	0.00	0.00	20.00	0.00	12.00	(M)	(M)
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	600	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
ud diced peaches - LR100141 (1/2 c.)	1,550	43.48	0.03	0.00	0.00	0.00	3.90	11.35	1.27	10.07	0.61	0.26	5.86	368.99	3.50	85.87	0.26
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,860	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	55	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	55	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	55	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	55	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD SALSA - LR100158 (1/4 c.)	500	10.58	0.00	0.00	0.00	0.00	179.89	2.12	0.00	1.06	0.00	0.00	0.00	105.82	380.95	(M)	(M)
UD Elementary Lunch Week 5 Day 4 :63616 - Day: 4	3000																
Category: Entrees; Choose: 1																	
UD Beef Nacho Salad - LR100324 (1 ea.)	665	207.96	13.24	7.86	0.00	47.91	350.51	6.80	1.95	0.95(M)	14.77	2.00	240.73	6966.69 (M)	20.13 (M)	75.28 (M)	0.48(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	590	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	45	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Wings, Boneless, Honey Sriracha Glazed, Whole Muscle, Wei Cafe, Tyson, 6147-928, MMA, WGR - SR108584 (6 piece)	1,550	285.00	13.50	2.25	0.00	52.50	375.00	21.00	1.50	3.00	22.50	1.62	0.00	300.00	1.80	(M)	(M)
Category: Grains; Choose: 1																	
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	0	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	
Beans, Bush's Best Bean Pot Baked Beans, 1619, VEG-BP - SR108537 (1/2 c.)	1,000	140.00	1.00	0.00	0.00	0.00	550.00	29.00	5.00	12.00	6.00	1.80	40.00	0.00	0.00	(M)	(M)
Green Peas - LR100021 (1/2 c.)	60	73.00	0.25	0.05	0.00	0.00	68.00	13.37	5.16	0.00	4.83	1.43	22.50	1969.00	9.30	74.56	0.75

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Carrots, Frozen, Steamed, Veg-RO - LR100128 (1/2 cup servin)	1,500	52.45	0.96	0.17	0.00	0.00	83.63	10.96	4.68	5.78	0.82	0.75	49.61	23995.44	3.26	128.03	0.98
Category: Fruits; Choose: 2																	
Apple Juice - LR100039 (4 fl. oz.)	2,090	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	750	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	0.84	0.20	3.87	49.53	6.73	57.97	0.64
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,860	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD SALSA - LR100158 (1/4 c.)	500	10.58	0.00	0.00	0.00	0.00	179.89	2.12	0.00	1.06	0.00	0.00	0.00	105.82	380.95	(M)	(M)
UD Elementary Lunch Week 1 Day 5 :63616 - Day: 5	3000																
Category: Entrees; Choose: 1																	
French Toast, Sticks, Frozen, with syrup, WG - SR101937 (4 ea.)	1,550	387.35	13.00	3.00	0.00(M)	0.00	400.47	64.87	3.03	15.00(M)	6.00	1.44	0.00	0.00	0.00	(M)	(M)
UD Beef Nacho Salad - LR100324 (1 ea.)	565	207.96	13.24	7.86	0.00	47.91	350.51	6.80	1.95	0.95(M)	14.77	2.00	240.73	6966.69(M)	20.13(M)	75.28(M)	0.48(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	780	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	15	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Vegetables; Choose: 2																	
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	600	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	0.45	0.63	22.68	9773.49	1.84	64.03	0.45
Green Peas - LR100021 (1/2 c.)	650	73.00	0.25	0.05	0.00	0.00	68.00	13.37	5.16	0.00	4.83	1.43	22.50	1969.00	9.30	74.56	0.75
Potato, Reduced Sodium Tater Tots Shaped, Ore-Ida, 1000002789, Veg-S - SR107909 (8 pieces)	1,100	90.00	3.50	0.00	0.00	0.00	170.00	14.00	1.00	0.99	1.00	0.36	0.00	0.00	1.19	(M)	(M)
Category: Fruits; Choose: 2																	
Juice, 4.4 fl oz Luigi's 100% Frozen Sorbet Orange, J&J Snack Foods 48441, F - SR106461 (1/2 c.)	0	70.00	0.00	0.00	0.00	0.00	5.00	19.00	3.00	15.00	0.00	0.36	60.00	3000.00	60.00	(M)	(M)
Orange Juice - LR100014 (4 oz.)	2,099	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	500	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,860	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 3:00:21 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD SALSA - LR100158 (1/4 c.)	500	10.58	0.00	0.00	0.00	0.00	179.89	2.12	0.00	1.06	0.00	0.00	0.00	105.82	380.95	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 2:48:58 PM by Kathleen McCullough

Menu Cycle: ELEMENTARY LUNCH WEEK 4 2018-2018
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	558.14	
Fat (g)		14.84	23.92
Sfat (g)(1)	< 10.00 % of Calories	5.89	9.50
TFat (g)(2)		0.24(M)	
Chol (mg)		42.52(M)	
Sodium Target 1 (mg) (13)	< 1,230.00	980.50	
Sodium Target 2 (mg) (13)	< 935.00	980.50	
Carb (g)		79.54	57.00
TDF (g)		7.48(M)	
Sugars (g)		22.70(M)	16.27
Pro (g)		28.23	20.23
Fe (mg)		3.00(M)	
Ca (mg)		538.45(M)	
A,IU		4,706.71(M)	
VitC (mg)		27.54(M)	
Mois (g)		96.65(M)	
Ash (g)		0.52(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	6.000	
Veg	>= 3.750	[6.875 - 14.250]	
Veg-DG	>= 0.500	1.000	
Veg-RO	>= 0.750	3.250	
Veg-BP	>= 0.500	3.000	
Veg-S	>= 0.500	1.500	
Veg-O	>= 0.500	7.000	
Grains	[8.000 - 9.000]	[9.000 - 11.000](a)	
Non-WGR		0.000	
WGR	>= 100.000 % of	39.000	100.00
Meat/MA	[8.000 - 10.000]	10.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	1.500	25.00
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- 1 Standard Value is the daily average requirement for a school week.
- 2 Trans Fat is provided for informational purposes, not for monitoring purposes.
- 3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.
- a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Elementary Lunch Week 4 Day 1 :63615 - Day: 1	3000																
Category: Entrees; Choose: 1																	
UD CHICKEN PATTY SANDWICH - LR100126 (1 ea.)	1,550	374.45	11.91	2.31	0.01	50.00	623.86	40.01	3.60	4.32	28.13	2.85	51.45	5.00	0.00	(M)	(M)
UD Pizza Bagel Kit - LR100293 (1 ea.)	680	351.80	13.16	8.10	0.00	40.50	979.02	35.01	2.91	4.85(M)	20.17	0.35	445.97	691.63	2.35	2.85(M)	0.01(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	725	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	15	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Vegetables; Choose: 2																	
UD 825931 - Veg: Corn, Fz 1/2c - LR100191 (1/2 c.)	1,800	66.98	0.55	0.09	0.00	0.00	0.83	15.96	1.98	2.54	2.11	0.39	2.48	164.55	2.89	63.69	0.36
UD LETTUCE & TOMATO - LR100154 (5 oz.)	1,000	24.55	0.00	0.00	0.00	0.00	18.82	5.03	1.41	1.81(M)	1.21	0.70	36.22	795.61	7.24	0.00	0.00
Category: Fruits; Choose: 2																	
Orange Juice - LR100014 (4 oz.)	2,000	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	600	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,155	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,400	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 2:48:58 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Elementary Lunch Week 4 Day 2 :63615 - Day: 2	3000																
Category: Entrees; Choose: 1																	
UD Pizza Bagel Kit - LR100293 (1 ea.)	625	351.80	13.16	8.10	0.00	40.50	979.02	35.01	2.91	4.85(M)	20.17	0.35	445.97	691.63	2.35	2.85(M)	0.01(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	689	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	25	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Walking Beef Taco - LR100122 (1 ea.)	1,550	294.72	17.21	6.15	1.33	49.48 (M)	348.86	20.64	2.00(M)	0.05(M)	14.78	0.36(M)	100.00 (M)	254.81 (M)	0.00(M)	(M)	(M)
Category: Vegetables; Choose: 2																	
Beans, Baked, Vegetarian, Bush's Best, 1637 - SR107881 (1/2 c.)	1,100	130.00	0.00	0.00	0.00	0.00	550.00	29.00	5.00	10.00	7.00	1.80	40.00	0.00	0.00	(M)	(M)
Green Beans - LR100036 (1/2 c.)	0	22.00	12.00	0.03	0.00	0.00	1.00	4.49	2.09	0.00	1.04	0.46	29.30	388.00	2.90	63.67	0.33
Green Peas - LR100021 (1/2 c.)	1,500	73.00	0.25	0.05	0.00	0.00	68.00	13.37	5.16	0.00	4.83	1.43	22.50	1969.00	9.30	74.56	0.75
Category: Fruits; Choose: 2																	
Sorbet, 100% Frozen Juice, Blue Raspberry, 4.4 fl. oz., Luigi's, 48443, F - SR108052 (1 serv.)	2,500	70.00	0.00	0.00	0.00	0.00	5.00	19.00	3.00	14.00	0.00	0.36	60.00	0.00	60.00	(M)	(M)
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	500	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,200	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD CHOC MILK - LR100217 (1 Carton)	1,600	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Elementary Lunch Week 4 Day 3 :63615 - Day: 3	3000																
Category: Entrees; Choose: 1																	
UD Pizza Bagel Kit - LR100293 (1 ea.)	665	351.80	13.16	8.10	0.00	40.50	979.02	35.01	2.91	4.85(M)	20.17	0.35	445.97	691.63	2.35	2.85(M)	0.01(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	689	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	15	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
UDHS Chicken, Golden Crispy WG Tenders, Tyson, 70334-928, MMA, WG - LR100216 (3 piece)	1,550	260.00	15.00	2.50	0.00	25.00	390.00	16.00	3.00	1.00	15.00	0.00	0.00	0.00	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	
Potatoes, Mashed, Potato Pearls, Unprepared, 12/28 oz. Pouch, Basic American Foods, 76468, Veg-S - SR107666 (4 oz.)	1,500	84.42	3.62	0.00	0.00	0.00	413.58	16.88	0.00	0.00	1.69	0.00(M)	3.53(M)	0.00(M)	0.00(M)	117.53 (M)	0.12(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Carrots, Frozen, Steamed, Veg-RO - LR100128 (1/2 cup servin)	0	52.45	0.96	0.17	0.00	0.00	83.63	10.96	4.68	5.78	0.82	0.75	49.61	23995.44	3.26	128.03	0.98
UD LETTUCE & TOMOATO - LR100154 (5 oz.)	1,200	24.55	0.00	0.00	0.00	0.00	18.82	5.03	1.41	1.81(M)	1.21	0.70	36.22	795.61	7.24	0.00	0.00
Category: Fruits; Choose: 2																	
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	1,000	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
ud diced peaches - LR100141 (1/2 c.)	2,000	43.48	0.03	0.00	0.00	0.00	3.90	11.35	1.27	10.07	0.61	0.26	5.86	368.99	3.50	85.87	0.26
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,200	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,400	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Elementary Lunch Week 4 Day 4 :63615 - Day: 4																	
Category: Entrees; Choose: 1																	
UD MIDDLE CHICKEN CHEESE STEAK - LR100144 (1 sandwich)	1,550	239.33	6.86	2.55	0.00	30.28	568.16	28.08	3.92	2.96(M)	16.43	1.83	165.25	75.38	0.73	0.00(M)	0.00(M)
UD Pizza Bagel Kit - LR100293 (1 ea.)	665	351.80	13.16	8.10	0.00	40.50	979.02	35.01	2.91	4.85(M)	20.17	0.35	445.97	691.63	2.35	2.85(M)	0.01(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 2:48:58 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	689	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	15	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Grains; Choose: 1																	
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	10	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	
Beans, Bush's Best Bean Pot Baked Beans, 1619, VEG-BP - SR108537 (1/2 c.)	1,500	140.00	1.00	0.00	0.00	0.00	550.00	29.00	5.00	12.00	6.00	1.80	40.00	0.00	0.00	(M)	(M)
Green Beans - LR100036 (1/2 c.)	0	22.00	12.00	0.03	0.00	0.00	1.00	4.49	2.09	0.00	1.04	0.46	29.30	388.00	2.90	63.67	0.33
UD Carrots, Frozen, Steamed, Veg-RO - LR100128 (1/2 cup servin)	1,600	52.45	0.96	0.17	0.00	0.00	83.63	10.96	4.68	5.78	0.82	0.75	49.61	23995.44	3.26	128.03	0.98
Category: Fruits; Choose: 2																	
Apple Juice - LR100039 (4 fl. oz.)	1,800	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	800	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	0.84	0.20	3.87	49.53	6.73	57.97	0.64
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,200	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,400	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
829444 - Dressing, 1.5 Gal. Honey Mustard Dispenser Pk - AR1513 (1 Tbsp.)	150	66.00	5.73	0.87	0.08	6.85	87.99	3.24	0.04	(M)	0.19	0.04	1.32	1.99	0.02	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Elementary Lunch Week 4 Day 5 :63615 - Day: 5	3000																
Category: Entrees; Choose: 1																	
Pasta, Macaroni and Cheese, Prepared, Land O' Lakes, 43292, MMA, WGR - SR108684 (6 ounces)	1,550	349.79	20.99	12.99	1.00	64.96	909.47	22.99	2.00	3.00	16.99	1.08	399.76	749.56	0.00	(M)	(M)
UD Pizza Bagel Kit - LR100293 (1 ea.)	625	351.80	13.16	8.10	0.00	40.50	979.02	35.01	2.91	4.85(M)	20.17	0.35	445.97	691.63	2.35	2.85(M)	0.01(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	689	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	15	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Vegetables; Choose: 2																	
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	1,200	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	0.45	0.63	22.68	9773.49	1.84	64.03	0.45
Green Peas - LR100021 (1/2 c.)	1,500	73.00	0.25	0.05	0.00	0.00	68.00	13.37	5.16	0.00	4.83	1.43	22.50	1969.00	9.30	74.56	0.75
Category: Fruits; Choose: 2																	
Orange Juice - LR100014 (4 oz.)	1,450	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	1,089	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 2:48:58 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,200	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,400	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 2:42:36 PM by Kathleen McCullough

Menu Cycle: ELEMENTARY LUNCH WEEK 3 2018-2019
 Week: 1
 Result: **Exceeded**

Meal Pattern: [USDA]Meal Pattern SY 2014+
 Meal Type: Lunch
 Serving Group: K-5
 Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	551.25	
Fat (g)		17.91	29.24
Sfat (g)(1)	< 10.00 % of Calories	5.86	9.57
TFat (g)(2)		0.40(M)	
Chol (mg)		41.57	
Sodium Target 1 (mg) (13)	< 1,230.00	941.71	
Sodium Target 2 (mg) (13)	< 935.00	941.71	
Carb (g)		75.56	54.83
TDF (g)		7.89	
Sugars (g)		20.78(M)	15.08
Pro (g)		27.32	19.82
Fe (mg)		3.63(M)	
Ca (mg)		471.46(M)	
A,IU		5,074.88(M)	
VitC (mg)		28.36(M)	
Mois (g)		101.80(M)	
Ash (g)		0.53(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	[5.000 - 5.500]	
Veg	>= 3.750	[4.875 - 12.375]	
Veg-DG	>= 0.500	6.000	
Veg-RO	>= 0.750	3.125	
Veg-BP	>= 0.500	3.000	
Veg-S	>= 0.500	0.500	
Veg-O	>= 0.500	2.500	
Grains	[8.000 - 9.000]	[10.000 - 15.000](a)	
Non-WGR		0.000	
WGR	>= 100.000 % of	38.000	100.00
Meat/MA	[8.000 - 10.000]	[10.000 - 11.000](a)	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	1.500	27.27
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

- 1 Standard Value is the daily average requirement for a school week.
- 2 Trans Fat is provided for informational purposes, not for monitoring purposes.
- 3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.
- a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Elementary Lunch Week 3 Day 1 :63614 - Day: 1	3000																
Category: Entrees; Choose: 1																	
UD CHEESEBURGER - LR100127 (1 ea.)	1,550	332.58	15.52	6.97	0.00	44.22	751.11	28.56	4.06	3.74	19.10	2.97	195.22	98.61	0.00	0.00(M)	0.00(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	689	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	700	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	15.86	2.24	67.77	1395.75	7.73	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	15	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Grains; Choose: 1																	
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	500	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	
831434-VEG: CARROTS, Fresh Baby IW 2 oz - AR1471 (2 Ounce Bag)	500	20.00	0.07	0.01	0.00	0.00	44.23	4.67	1.64	0.00	0.36	0.50	18.14	7818.79	1.47	51.23	0.36
Green Beans - LR100036 (1/2 c.)	1,500	22.00	12.00	0.03	0.00	0.00	1.00	4.49	2.09	0.00	1.04	0.46	29.30	388.00	2.90	63.67	0.33
UD LETTUCE & TOMOATO - LR100154 (5 oz.)	1,100	24.55	0.00	0.00	0.00	0.00	18.82	5.03	1.41	1.81(M)	1.21	0.70	36.22	795.61	7.24	0.00	0.00
Category: Fruits; Choose: 2																	
Orange Juice - LR100014 (4 oz.)	1,850	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	1,066	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,200	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,400	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Cheese, Mild Cheddar Cheese Sticks 168/1 oz, MMA - SR101451 (1 stick.)	150	110.00	9.00	6.00	0.00	30.00	200.00	1.00	0.00	0.00	6.00	0.00	150.00	300.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Elementary Lunch Week 3 Day 2 :63614 - Day: 2	3000																
Category: Entrees; Choose: 1																	
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	689	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	715	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	15.86	2.24	67.77	1395.75	7.73	(M)	(M)
UD SOFT BEEF TACO - LR100143 (1 1/2 oz.)	1,550	180.00	9.26	4.25	0.00	22.00	315.00	15.31	2.55	0.00	9.90	1.66	187.82	188.00	0.10	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	15	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Grains; Choose: 1																	
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	500	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Category: Vegetables; Choose: 2																	
831434-VEG: CARROTS, Fresh Baby IW 2 oz - AR1471 (2 Ounce Bag)	200	20.00	0.07	0.01	0.00	0.00	44.23	4.67	1.64	0.00	0.36	0.50	18.14	7818.79	1.47	51.23	0.36
Beans, Baked, Vegetarian, Bush's Best, 1637 - SR107881 (1/2 c.)	1,500	130.00	0.00	0.00	0.00	0.00	550.00	29.00	5.00	10.00	7.00	1.80	40.00	0.00	0.00	(M)	(M)
Green Peas - LR100021 (1/2 c.)	1,600	73.00	0.25	0.05	0.00	0.00	68.00	13.37	5.16	0.00	4.83	1.43	22.50	1969.00	9.30	74.56	0.75
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	200	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Sorbet, 100% Frozen Juice, Kiwi Strawberry Swirl, 4.4 fl. oz., Luigi's, 48445, F - SR108053 (1 serv.)	2,000	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	0.00	0.36	60.00	0.00	60.00	(M)	(M)
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	250	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,200	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,400	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Elementary Lunch Week 3 Day 3 :63614 - Day: 3	3000																

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Category: Entrees; Choose: 1																	
Sandwich, 51% WG Turkey Pepperoni Stuffed, Beacon Street Cafe, Schwan's Food Service, 78377, MMA, WGR, Veg-RO - SR107370 (1 piece)	1,550	300.00	11.00	5.00	0.00	40.00	680.00	32.00	3.00	4.00	18.00	(M)	(M)	(M)	(M)	(M)	(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	680	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	725	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	15.86	2.24	67.77	1395.75	7.73	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	15	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Grains; Choose: 1																	
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	500	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	
831434-VEG: CARROTS, Fresh Baby IW 2 oz - AR1471 (2 Ounce Bag)	500	20.00	0.07	0.01	0.00	0.00	44.23	4.67	1.64	0.00	0.36	0.50	18.14	7818.79	1.47	51.23	0.36
Broccoli, frozen, chopped, cooked, boiled, drained, without salt - SR105146 (1/2 c.)	1,100	25.76	0.11	0.02	0.00	0.00	10.12	4.92	2.76	1.35	2.85	0.56	30.36	930.12	36.89	83.46	0.65
Potatoes, Mashed, Potato Pearls, Unprepared, 12/28 oz. Pouch, Basic American Foods, 76468, Veg-S - SR107666 (4 oz.)	1,389	84.42	3.62	0.00	0.00	0.00	413.58	16.88	0.00	0.00	1.69	0.00(M)	3.53(M)	0.00(M)	0.00(M)	117.53 (M)	0.12(M)
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	550	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	800	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
ud diced peaches - LR100141 (1/2 c.)	1,200	43.48	0.03	0.00	0.00	0.00	3.90	11.35	1.27	10.07	0.61	0.26	5.86	368.99	3.50	85.87	0.26
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,200	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,400	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 2																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Elementary Lunch Week 3 Day 4 :63614 - Day: 4	3000																
Category: Entrees; Choose: 1																	
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	689	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	725	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	15.86	2.24	67.77	1395.75	7.73	(M)	(M)
UD SLOPPY JOE BBQ - LR100336 (1 sandwich)	1,500	370.29	23.86	6.27	3.02(M)	78.41	736.49	25.50	2.46	1.42(M)	24.99	1.53(M)	49.52 (M)	108.17 (M)	4.22(M)	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	25	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Grains; Choose: 1																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	725	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	
831434-VEG: CARROTS, Fresh Baby IW 2 oz - AR1471 (2 Ounce Bag)	150	20.00	0.07	0.01	0.00	0.00	44.23	4.67	1.64	0.00	0.36	0.50	18.14	7818.79	1.47	51.23	0.36
Beans, Bush's Best Bean Pot Baked Beans, 1619, VEG-BP - SR108537 (1/2 c.)	1,200	140.00	1.00	0.00	0.00	0.00	550.00	29.00	5.00	12.00	6.00	1.80	40.00	0.00	0.00	(M)	(M)
Green Beans - LR100036 (1/2 c.)	0	22.00	12.00	0.03	0.00	0.00	1.00	4.49	2.09	0.00	1.04	0.46	29.30	388.00	2.90	63.67	0.33
UD Carrots, Frozen, Steamed, Veg-RO - LR100128 (1/2 cup servin)	1,300	52.45	0.96	0.17	0.00	0.00	83.63	10.96	4.68	5.78	0.82	0.75	49.61	23995.44	3.26	128.03	0.98
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,500	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	1,000	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,200	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,400	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Elementary Lunch Week 3 Day 5 :63614 - Day: 5	3000																
Category: Entrees; Choose: 1																	
Pasta, Macaroni and Cheese, Prepared, Land O' Lakes, 43292, MMA, WGR - SR108684 (6 ounces)	1,500	349.79	20.99	12.99	1.00	64.96	909.47	22.99	2.00	3.00	16.99	1.08	399.76	749.56	0.00	(M)	(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	689	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	715	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	15.86	2.24	67.77	1395.75	7.73	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	15	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Grains; Choose: 1																	
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	715	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	1,200	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	0.45	0.63	22.68	9773.49	1.84	64.03	0.45
825977-VEG: Cucumber, Fresh Slice 1/2c - AR1040 (1/2 c.)	500	7.80	0.06	0.02	0.00	0.00	1.04	1.89	0.26	0.87	0.34	0.15	8.32	54.60	1.46	49.52	0.20
Green Peas - LR100021 (1/2 c.)	1,000	73.00	0.25	0.05	0.00	0.00	68.00	13.37	5.16	0.00	4.83	1.43	22.50	1969.00	9.30	74.56	0.75
Category: Fruits; Choose: 2																	
Orange Juice - LR100014 (4 oz.)	1,360	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	1,100	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 2:42:36 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,200	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,400	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	50	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	50	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 2:40:25 PM by Kathleen McCullough

Menu Cycle: ELEMENTARY LUNCH WEEK 2 2018-2019

Week: 1

Result: Exceeded

Meal Pattern: [USDA]Meal Pattern SY 2014+

Meal Type: Lunch

Serving Group: K-5

Site Group: Elementary School

Cycle Week Nutrient Summary			
Nutrient	Weekly Standard Value	Actual Value	% of Calories
Calories (Kcal)(1)	[550.00 - 650.00]	584.33	
Fat (g)		14.88	22.92
Sfat (g)(1)	< 10.00 % of Calories	4.02	6.19
TFat (g)(2)		0.13(M)	
Chol (mg)		34.22(M)	
Sodium Target 1 (mg) (13)	< 1,230.00	972.38	
Sodium Target 2 (mg) (13)	< 935.00	972.38	
Carb (g)		87.20	59.69
TDF (g)		8.30(M)	
Sugars (g)		22.15(M)	15.16
Pro (g)		28.46	19.48
Fe (mg)		5.88(M)	
Ca (mg)		468.89(M)	
A,IU		5,681.22(M)	
VitC (mg)		44.37(M)	
Mois (g)		88.47(M)	
Ash (g)		0.55(M)	

Cycle Week Food Component Summary			
Food Component	Standard Value	Actual Value	% of Total
Fruit	>= 2.500	[5.500 - 6.000]	
Veg	>= 3.750	[6.375 - 10.750]	
Veg-DG	>= 0.500	1.000	
Veg-RO	>= 0.750	3.875	
Veg-BP	>= 0.500	3.000	
Veg-S	>= 0.500	4.000	
Veg-O	>= 0.500	1.000	
Grains	[8.000 - 9.000]	[8.000 - 10.000](a)	
Non-WGR		0.000	
WGR	>= 100.000 % of	38.000	100.00
Meat/MA	[8.000 - 10.000]	10.000	
MILK-F	>= 5.000	5.000	
Fruit-J	<= 50.000 % of	2.000	33.33
Grain-D	<= 2.000	0.000	
Vegetable-J	<= 50.000 % of	0.000	0.00
MILK-V		Pass	

Legend

PrimeroEdge will flag based on USDA requirements, but your State Agency may issue waivers to allow a Menu Cycle with at least 50% WGR Grains to pass, or for 1% flavored milk to be an acceptable variety. In such instances, as long as you have met the conditions of the waiver, your State Agency will consider you to be in compliance.

(M) Indicates missing nutrient values.

1 Standard Value is the daily average requirement for a school week.

2 Trans Fat is provided for informational purposes, not for monitoring purposes.

3 Sodium Target 2 will be marked in orange if exceeded prior to the effective date of July 1, 2020 and does not impact pass/fail compliance prior to that date.

a USDA is offering flexibility by allowing SFAs to exceed the maximum amount of grains and meat/meat meal alternates as long as the daily and weekly minimums for these components are met and the calories are within the required range.

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Elementary Lunch Week 2 Day 1 :63613 - Day: 1	3330																
Category: Entrees; Choose: 1																	
UD CHICKEN PATTY SANDWICH - LR100126 (1 ea.)	1,750	374.45	11.91	2.31	0.01	50.00	623.86	40.01	3.60	4.32	28.13	2.85	51.45	5.00	0.00	(M)	(M)
UD Hummus and vegetable Platter - LR100270 (1 ea.)	650	380.05	13.97	2.52	0.00	15.00	919.73	51.73	7.61	5.20	17.54	3.11	224.87	5506.15	4.95	62.75 (M)	0.47(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	679	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	25	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Vegetables; Choose: 2																	
Green Beans - LR100036 (1/2 c.)	0	22.00	12.00	0.03	0.00	0.00	1.00	4.49	2.09	0.00	1.04	0.46	29.30	388.00	2.90	63.67	0.33
UD 825931 - Veg: Corn, Fz 1/2c - LR100191 (1/2 c.)	1,500	66.98	0.55	0.09	0.00	0.00	0.83	15.96	1.98	2.54	2.11	0.39	2.48	164.55	2.89	63.69	0.36
UD LETTUCE & TOMOATO - LR100154 (5 oz.)	700	24.55	0.00	0.00	0.00	0.00	18.82	5.03	1.41	1.81(M)	1.21	0.70	36.22	795.61	7.24	0.00	0.00
Category: Fruits; Choose: 2																	
Orange Juice - LR100014 (4 oz.)	3,000	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	425	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,180	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	2,000	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 2:40:25 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	55	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	65	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	65	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	65	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Elementary Lunch Week 2 Day 2 :63613 - Day: 2	3330																
Category: Entrees; Choose: 1																	
UD Hummus and vegetable Platter - LR100270 (1 ea.)	680	380.05	13.97	2.52	0.00	15.00	919.73	51.73	7.61	5.20	17.54	3.11	224.87	5506.15	4.95	62.75 (M)	0.47(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	750	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	25	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Walking Beef Taco - LR100122 (1 ea.)	1,680	294.72	17.21	6.15	1.33	49.48 (M)	348.86	20.64	2.00(M)	0.05(M)	14.78	0.36(M)	100.00 (M)	254.81 (M)	0.00(M)	(M)	(M)
Category: Vegetables; Choose: 2																	
Beans, Baked, Vegetarian, Bush's Best, 1637 - SR107881 (1/2 c.)	1,500	130.00	0.00	0.00	0.00	0.00	550.00	29.00	5.00	10.00	7.00	1.80	40.00	0.00	0.00	(M)	(M)
Green Peas - LR100021 (1/2 c.)	1,200	73.00	0.25	0.05	0.00	0.00	68.00	13.37	5.16	0.00	4.83	1.43	22.50	1969.00	9.30	74.56	0.75
Category: Fruits; Choose: 2																	
Sorbet, 100% Frozen Juice, Kiwi Strawberry Swirl, 4.4 fl. oz., Luigi's, 48445, F - SR108053 (1 serv.)	3,300	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	0.00	0.36	60.00	0.00	60.00	(M)	(M)
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	245	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 2:40:25 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Strawberry nonfat milk - LR100016 (8 serving 8)	1,189	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	2,000	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Elementary Lunch Week 2 Day 3 :63613 - Day: 3	3330																
Category: Entrees; Choose: 1																	
Chicken Mashed Potato Bowl - LR100335 (1 bowl)	1,450	383.25	16.06	5.13	0.00	31.76	538.03	43.20	4.78	3.12	19.05	2.16	136.71	320.36	39.89	96.79 (M)	0.25(M)
UD Hummus and vegetable Platter - LR100270 (1 ea.)	760	380.05	13.97	2.52	0.00	15.00	919.73	51.73	7.61	5.20	17.54	3.11	224.87	5506.15	4.95	62.75 (M)	0.47(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	869	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	25	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Vegetables; Choose: 2																	
Broccoli, frozen, chopped, cooked, boiled, drained, without salt - SR105146 (1/2 c.)	1,100	25.76	0.11	0.02	0.00	0.00	10.12	4.92	2.76	1.35	2.85	0.56	30.36	930.12	36.89	83.46	0.65

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Potatoes, Mashed, Potato Pearls, Unprepared, 12/28 oz. Pouch, Basic American Foods, 76468, Veg-S - SR107666 (4 oz.)	500	84.42	3.62	0.00	0.00	0.00	413.58	16.88	0.00	0.00	1.69	0.00(M)	3.53(M)	0.00(M)	0.00(M)	117.53 (M)	0.12(M)
Sweet Golden Corn - LR100031 (1/2 c.)	1,200	66.00	0.55	0.08	0.00	0.00	1.00	15.80	1.96	0.00	2.09	0.38	2.50	163.00	2.90	63.06	0.36
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	55	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	650	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
ud diced peaches - LR100141 (1/2 c.)	1,000	43.48	0.03	0.00	0.00	0.00	3.90	11.35	1.27	10.07	0.61	0.26	5.86	368.99	3.50	85.87	0.26
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	2,030	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Elementary Lunch Week 2 Day 4 :63613 - Day: 4	3330																
Category: Entrees; Choose: 1																	
UD Hummus and vegetable Platter - LR100270 (1 ea.)	765	380.05	13.97	2.52	0.00	15.00	919.73	51.73	7.61	5.20	17.54	3.11	224.87	5506.15	4.95	62.75 (M)	0.47(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD MEATBALL SUB - LR100133 (1 ea.)	1,715	406.22	13.25	4.88	0.00(M)	43.75	1250.87	41.66	5.91	3.00(M)	29.81	21.21	27.50	91.45	2.19	0.00(M)	0.00(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	780	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	15	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Vegetables; Choose: 2																	
Carrots, Frozen, Steamed, Veg-RO - SR100812 (1/2 cup servin)	1,500	77.45	3.71	1.42	0.00(M)	0.00	264.92	10.96	4.68	5.78(M)	0.82	0.75	49.71	24120.44	3.26	128.03(M)	1.38(M)
UDBeans, Baked Beans (Canned), Veg-BP - LR100198 (1/2 c.)	650	112.67	0.51	0.00	0.00	0.00	450.67	22.53	4.10	2.05	4.87	3.69	81.94	768.18	2.46	(M)	(M)
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	3,000	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	600	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	0.84	0.20	3.87	49.53	6.73	57.97	0.64
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	2,030	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Elementary Lunch Week 2 Day 5 :63613 - Day: 5	3000																
Category: Entrees; Choose: 1																	
Chicken, Golden Crispy WG Tenders, Tyson, 70334-928, MMA, WGR - SR105310 (3 piece)	1,550	260.00	15.00	2.50	0.00	25.00	390.00	16.00	3.00	1.00	15.00	1.80	0.00	100.00	0.00	(M)	(M)
UD Hummus and vegetable Platter - LR100270 (1 ea.)	625	380.05	13.97	2.52	0.00	15.00	919.73	51.73	7.61	5.20	17.54	3.11	224.87	5506.15	4.95	62.75 (M)	0.47(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	560	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	35	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Vegetables; Choose: 2																	
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	1,500	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	0.45	0.63	22.68	9773.49	1.84	64.03	0.45
Green Peas - LR100021 (1/2 c.)	100	73.00	0.25	0.05	0.00	0.00	68.00	13.37	5.16	0.00	4.83	1.43	22.50	1969.00	9.30	74.56	0.75
Potato, Reduced Sodium Tater Tots Shaped, Ore-Ida, 1000002789, Veg-S - SR107909 (8 pieces)	2,000	90.00	3.50	0.00	0.00	0.00	170.00	14.00	1.00	0.99	1.00	0.36	0.00	0.00	1.19	(M)	(M)
Category: Fruits; Choose: 2																	
Juice, 4.4 fl oz Luigi's 100% Frozen Sorbet Orange, J&J Snack Foods 48441, F - SR106461 (1/2 c.)	2,000	70.00	0.00	0.00	0.00	0.00	5.00	19.00	3.00	15.00	0.00	0.36	60.00	3000.00	60.00	(M)	(M)
Orange Juice - LR100014 (4 oz.)	1,700	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	700	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,100	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 2:40:25 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD CHOC MILK - LR100217 (1 Carton)	2,000	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	100	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Elementary Lunch Week 1 Day 1 :63612 - Day: 1	3330																
Category: Entrees; Choose: 1																	
UD CHEESEBURGER - LR100127 (1 ea.)	1,500	332.58	15.52	6.97	0.00	44.22	751.11	28.56	4.06	3.74	19.10	2.97	195.22	98.61	0.00	0.00(M)	0.00(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	810	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	759	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	15.86	2.24	67.77	1395.75	7.73	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	25	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Grains; Choose: 1																	
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	750	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	
Green Beans - LR100036 (1/2 c.)	1,500	22.00	12.00	0.03	0.00	0.00	1.00	4.49	2.09	0.00	1.04	0.46	29.30	388.00	2.90	63.67	0.33
UD 825931 - Veg: Corn, Fz 1/2c - LR100191 (1/2 c.)	0	66.98	0.55	0.09	0.00	0.00	0.83	15.96	1.98	2.54	2.11	0.39	2.48	164.55	2.89	63.69	0.36
UD LETTUCE & TOMOATO - LR100154 (5 oz.)	675	24.55	0.00	0.00	0.00	0.00	18.82	5.03	1.41	1.81(M)	1.21	0.70	36.22	795.61	7.24	0.00	0.00
Category: Fruits; Choose: 2																	
Orange Juice - LR100014 (4 oz.)	2,000	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	650	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,165	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	2,100	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	50	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	90	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	65	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	65	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Elementary Lunch Week 1 Day 2 :63612 - Day: 2	3330																
Category: Entrees; Choose: 1																	
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	789	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	650	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	15.86	2.24	67.77	1395.75	7.73	(M)	(M)
UD SOFT BEEF TACO - LR100143 (1 1/2 oz.)	1,750	180.00	9.26	4.25	0.00	22.00	315.00	15.31	2.55	0.00	9.90	1.66	187.82	188.00	0.10	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	25	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Grains; Choose: 1																	
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	750	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	

Menu Cycle Week – Nutrient Analysis

Generated on: 4/12/2019 2:38:42 PM by Kathleen McCullough

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
Beans, Baked, Vegetarian, Bush's Best, 1637 - SR107881 (1/2 c.)	900	130.00	0.00	0.00	0.00	0.00	550.00	29.00	5.00	10.00	7.00	1.80	40.00	0.00	0.00	(M)	(M)
Green Beans - LR100036 (1/2 c.)	1,200	22.00	12.00	0.03	0.00	0.00	1.00	4.49	2.09	0.00	1.04	0.46	29.30	388.00	2.90	63.67	0.33
Category: Fruits; Choose: 2																	
Sorbet, 100% Frozen Juice, Kiwi Strawberry Swirl, 4.4 fl. oz., Luigi's, 48445, F - SR108053 (1 serv.)	3,300	70.00	0.00	0.00	0.00	0.00	5.00	18.00	3.00	15.00	0.00	0.36	60.00	0.00	60.00	(M)	(M)
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	400	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,180	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	2,100	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	15	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	15	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	50	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	90	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	50	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	50	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Elementary Lunch Week 1 Day 3 :63612 - Day: 3	3330																
Category: Entrees; Choose: 1																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	0	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	0	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	15.86	2.24	67.77	1395.75	7.73	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	25	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
ud turkey and cheese hoagie - LR100140 (1 sandwich)	0	282.52	6.94	2.78	0.00	30.38	737.28	36.04	5.00	3.00(M)	20.39	2.21	253.13	68.34	0.00	0.00(M)	0.00(M)
Category: Grains; Choose: 1																	
Bagel, White Whole Grain, 2 oz, Lender's Bagels, 00074, WG - SR104277 (1 bagel)	3,000	140.00	1.00	0.00	0.00	0.00	180.00	29.00	4.00	5.00	6.00	1.80	40.00	0.00	0.00	(M)	(M)
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	0	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	
831434-VEG: CARROTS, Fresh Baby IW 2 oz - AR1471 (2 Ounce Bag)	3,000	20.00	0.07	0.01	0.00	0.00	44.23	4.67	1.64	0.00	0.36	0.50	18.14	7818.79	1.47	51.23	0.36
Potatoes, Mashed, Potato Pearls, Unprepared, 12/28 oz. Pouch, Basic American Foods, 76468, Veg-S - SR107666 (4 oz.)	0	84.42	3.62	0.00	0.00	0.00	413.58	16.88	0.00	0.00	1.69	0.00(M)	3.53(M)	0.00(M)	0.00(M)	117.53(M)	0.12(M)
UD LETTUCE & TOMOATO - LR100154 (5 oz.)	0	24.55	0.00	0.00	0.00	0.00	18.82	5.03	1.41	1.81(M)	1.21	0.70	36.22	795.61	7.24	0.00	0.00
Category: Fruits; Choose: 2																	
Apples, Slices, 2 oz. bags, Peterson Farms, 203102 - SR107959 (1 Bag)	3,000	30.00	0.00	0.00	0.00	0.00	0.00	7.00	1.00	6.00	0.00	0.00	20.00	0.00	12.00	(M)	(M)
Ardmore Farms Apple Juice - LR100117 (1 ea.)	0	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	0	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
ud diced peaches - LR100141 (1/2 c.)	0	43.48	0.03	0.00	0.00	0.00	3.90	11.35	1.27	10.07	0.61	0.26	5.86	368.99	3.50	85.87	0.26
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,455	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,800	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	15	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	15	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 2																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	0	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	0	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
Sunflower seed butter, spread made from sunflower - SR104083 (1/4 c.)	3,000	400.15	35.87	3.05	0.00	0.00	215.31	15.15	3.65	(M)	11.23	2.68	40.63	34.53	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	0	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	0	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Elementary Lunch Week 1 Day 4 :63612 - Day: 4	3330																
Category: Entrees; Choose: 1																	
UD Mozzarella Cheese Sticks (5) - LR100326 (5 ea.)	1,550	325.61	13.02	4.34	0.00	21.71	607.80	34.73	4.34	2.17	21.71	1.56	(M)	(M)	(M)	(M)	(M)
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	800	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD Popcorn Chicken Salad - LR100268 (1 salad)	670	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	15.86	2.24	67.77	1395.75	7.73	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	25	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Grains; Choose: 1																	
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	670	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	
Green Beans - LR100036 (1/2 c.)	200	22.00	12.00	0.03	0.00	0.00	1.00	4.49	2.09	0.00	1.04	0.46	29.30	388.00	2.90	63.67	0.33
Sauce, Marinara #10 Can, Angela Mia, ConAgra Foods, 2700039125, Veg-RO - SR103343 (1/2 c.)	1,000	70.00	0.50	0.00	0.00	0.00	480.00	14.00	3.00	9.00	2.00	0.72	40.00	(M)	(M)	(M)	(M)
UD Carrots, Frozen, Steamed, Veg-RO - LR100128 (1/2 cup servin)	1,450	52.45	0.96	0.17	0.00	0.00	83.63	10.96	4.68	5.78	0.82	0.75	49.61	23995.44	3.26	128.03	0.98
UDBeans, Baked Beans (Canned), Veg-BP - LR100198 (1/2 c.)	1,000	112.67	0.51	0.00	0.00	0.00	450.67	22.53	4.10	2.05	4.87	3.69	81.94	768.18	2.46	(M)	(M)
Category: Fruits; Choose: 2																	
Ardmore Farms Apple Juice - LR100117 (1 ea.)	1,470	60.00	0.00	0.00	0.00	0.00	15.00	14.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	705	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
UD 825009 BANANAS, FRESH Petite 150ct - LR100230 (1 150ct, Raw)	1,000	68.88	0.26	0.09	(M)	0.00	0.77	17.68	2.01	(M)	0.84	0.20	3.87	49.53	6.73	57.97	0.64
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,200	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,887	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calories (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
829444 - Dressing, 1.5 Gal. Honey Mustard Dispenser Pk - AR1513 (1 Tbsp.)	150	66.00	5.73	0.87	0.08	6.85	87.99	3.24	0.04	(M)	0.19	0.04	1.32	1.99	0.02	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00
UD Elementary Lunch Week 1 Day 5 :63612 - Day: 5	3330																
Category: Entrees; Choose: 1																	
UD Pizza, SmartPizza 51% Whole Grain Classic Wedge 100% Mozz Cheese, Tony's, Schwan's Food Service, 72558, MMA, WGR, Veg-RO - LR100190 (1 pizza)	860	300.00	11.00	5.00	0.00	25.00	600.00	35.00	4.00	14.00	16.00	2.70	250.00	400.00	0.00	(M)	(M)
UD Popcorn Chicken Salad - LR100268 (1 salad)	786	260.16	13.93	2.68	0.00	21.43	383.56	17.58	4.07	1.07	15.86	2.24	67.77	1395.75	7.73	(M)	(M)
UD SUNBUTTER AND JELLY - LR100123 (1 ea.)	35	500.88	33.65	3.95	0.00	0.00	267.65	40.98	4.60	30.08	14.06	2.90	44.17	0.00(M)	0.00(M)	0.00(M)	0.00(M)
Category: Grains; Choose: 1																	
Crackers, Goldfish Snack Cheddar Whole Grain, 0.75 oz, Pepperidge Farm, Campbell's Foodservice, 18105, WGR - SR107248 (1 pouch)	786	100.00	4.00	1.00	0.00	0.00	170.00	14.00	1.00	0.00	2.00	0.72	20.00	0.00	0.00	(M)	(M)
French Toast Sticks, Farm Rich Whole Grain, Frozen, Rich's, 37722, WG - SR104380 (3 ea.)	1,560	195.00	7.50	1.50	0.00	0.00	225.00	28.50	2.25	6.75	4.50	1.36	25.50	16.50	0.00	(M)	(M)
Category: Vegetables; Choose: 2																	

Menu Cycle Week – Nutrient Analysis

Menu Item (Serving Size)	Plan Qty	Calorie s (Kcal)	Fat (g)	Sfat (g)	TFat (g)	Chol (mg)	Na (mg)	Carb (g)	TDF (g)	Sugars (g)	Pro (g)	Fe (mg)	Ca (mg)	A,IU	VitC (mg)	Mois (g)	Ash (g)
825570-VEG: Carrots, Fresh Baby3/4c - AR1048 (3/4 c.)	1,400	25.00	0.09	0.01	0.00	0.00	55.28	5.84	2.06	3.37	0.45	0.63	22.68	9773.49	1.84	64.03	0.45
UD Potato HB, Tator Tots - LR100203 (1/2 c.)	1,178	140.00	7.00	1.50	0.00	0.00	270.00	16.00	2.00	0.00	2.00	0.36	20.00	100.00	1.20	0.00	0.00
Category: Fruits; Choose: 2																	
Orange Juice - LR100014 (4 oz.)	3,000	50.00	0.00	0.00	0.00	0.00	15.00	13.00	0.00	0.00	1.00	2.00	0.00	0.00	42.00	0.00	0.00
UD 825008 - Fruit: Apple 138ct Whole 1/2 - LR100196 (1 Each, 138C)	245	62.21	0.20	0.04	(M)	0.00	1.20	16.52	2.87	(M)	0.31	0.14	7.18	64.60	5.50	102.36	0.23
Category: Milk; Choose: 1																	
Strawberry nonfat milk - LR100016 (8 serving 8)	1,160	150.00	0.50	0.00	0.00	5.00	110.00	27.00	0.00	24.00	8.00	0.00	300.00	400.00	2.40	(M)	(M)
UD CHOC MILK - LR100217 (1 Carton)	1,960	130.00	0.00	0.00	0.00	5.00	200.00	24.00	0.00	(M)	8.00	0.36	300.00	500.00	1.20	(M)	(M)
UD- MILK, 1% White 8oz : 6.1 - LR100226 (1 Carton)	25	103.00	2.38	1.54	0.00	12.25	107.80	12.23	0.00	12.00	8.26	0.07	306.25	480.19	0.00	220.30	1.84
UD- Milk, Skim 8 oz - LR100227 (1 Carton)	25	83.00	0.20	0.12	(M)	4.90	102.96	12.16	0.00	12.48	8.26	0.07	299.07	500.08	0.00	222.68	1.84
Category: Condiments; Choose: 1																	
825862-COND PC, Mustard 6g ARA LOGO - AR1019 (1 packet)	150	0.00	0.00	0.00	0.00	0.00	70.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)
826059-DRESSING PC, Ranch 12g Heinz - AR1020 (1 packet)	150	70.00	7.00	1.00	0.00	5.00	95.00	1.00	0.00	1.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)
UD 825536-COND PC, Ketchup 9g Heinz 1000ct - LR100183 (1 packet)	150	10.00	0.00	0.00	0.00	0.00	85.00	3.00	0.00	(M)	0.00	0.00	0.00	10.00	0.00	(M)	(M)
UD 825538-COND PC, Mayonnaise 12g - LR100184 (1 packet)	150	80.00	8.00	1.50	0.00	5.00	75.00	1.00	0.00	1.00	0.00	0.00	0.00	5.00	0.00	0.00	0.00